



Man Ray, Anatomie  
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## INSTANT KARMA

### *PROFILE FOR A THEATRICAL SEMINAR ON THE CONTEMPORARY*

*of Sabrina Marsili*

Looking at a photo means sinking down into time and space to that meaningful depth behind the flat surface of the image.

As Baudrillard says: "It is a philosophical experience " to all intents and purposes " an exercise of awareness to build up mental and emotional bridges."

The theatrical laboratory Instant Karma aims at developing the capacity of probing into the 'inside' of a photo in order to embody its vulnerability, mutability and mortality entrusting the introspective and expressive ability to the eyes' perception.

A reinvented theatre which relies on the plurality of the flat surface to regain the sense depth.

The seminar I propose wants, in addition, to focus on contemporary life and its representation, drawing on such an objective mean of gazing at the world - the photography -

Capturing what is seen in a glance, directly reproducing the personal impression to catch the emotion to translate it into a physical experience, the photos, thence, have to be read not only as cultural message, but also as an existential message.

The seminar will make use of a physical training, based on Jacques Lecoq', Jerzy Grotowski and Buto dance exercises, exercises of rhythmic, a wave of individual improvisations - the wings of creativity - a study on the photos, proposed by myself and by the participants to materialize the existential story of the image.

Tangles and connections between an art form and the person: capacity of penetrating, of testifying.... will be the departure points for such a search, which wants to rise to a real theatrical project.

The needed images can be of any kind and source from books and magazines, with people, landscapes, animals and at one's pleasure they could be personal photos.

## Examples for the research:



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